

FHM

WHAT WOULD
ARNIE DO?

ACTION
HERO
WISDOM
- FOR -
REAL LIFE
DILEMMAS

MELANIE
IGLESIAS

WARNING

SO HOT,
YOU MAY JUST
GO BLIND

MISS UNIVERSE M'SIA 2014

SABBRINA BENEETT

GETS WET WITH US

FOR THE FIRST TIME*

*IN A POOL

FREE
CATTALEEYA
POSTER

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GOOD NEWS FOR MEN

& ESSENTIALS

With the Future Music Festival Asia 2014 just around the corner, FHM picks some of the music festivals must-haves/wear to help you gear up for the event



CHECKED MATE

If t-shirts are too plain for you, go for a checked shirt. But don't pair a checked shirt and checked pants together unless you're going for the golf player look. Also, please don't wear your checked shirt tucked in. Pair it with a solid coloured shorts or if you're going for a trendier look, layer with a plain t-shirt inside while wearing the checked shirt as an outer wear.

Where to get: camel active, Jeep



STATEMENT TS

It's gonna be hot, humid and the most practical type of outfit to put on is a tee. No one's gonna judge what kind of T-shirt you're wearing so, put on some catchy statement T's and have some fun. Don't like people reading your shirt? Opt for something funky or if you're really low profile, you'll never go wrong with a plain white or black tee.

Where to get: humanfactory.com.my, Pull&Bear

4 GROOMING MUST-HAVES

Available at pharmacies near you



01 SUNBLOCK

Unless you want to age early, get a sunburn or skin cancer, lather up boys! Don't act all macho and refuse to put on sunblock. Apply generously before going outdoors and reapply every couple of hours or so. If you don't fancy the stickiness of liquid sunscreen or your friends won't help you apply on hard-to-reach areas, get a spray-on sunblock instead.



02 HAND SANITIZER/ BABY WIPES

So you're gonna get a hot dog, maybe some ice cream and don't forget the nachos. Don't just stare at your hands and wonder that this dusty feeling is. We're pretty sure you don't wanna spend the festival in the loo so clean your hands before you eat. For maximum effectiveness, wet your skin with hand sanitizer for 10-15 seconds before handling the snack. Baby wipes are useful too especially if the OCD in you needs to clean yourself badly.



03 DRY SHAMPOO

Okay, so your hair is all greasy and it's starting to itch. (Or you have a friend who's hair is starting to smell funny). A simple homemade dry shampoo can keep your good hair day going. All you have to do is combine 1/4 cup cornstarch and 1 tablespoon baking soda, shake shake shake and tadaaa. Sprinkle it on your hair, leave it on for a while (for the powder to absorb the oil) and brush the powder off. Trust us, the girls will appreciate this.



04 DEODORANT

We're pretty sure that nobody wants to get marinated in BO when thousands of peeps are putting their hands in the air. Do yourself and other festivalgoers a favour by applying deodorant liberally. Remember, the days of stinky hippies are long gone. Get a travel size deodorant or at least wear anti-perspirant deodorant.